

BE BETTER. BE STRONGER. BPI.™



**BE DRIVEN*†
BE BIGGER*†
BE MUSCULAR*†**
**6 ADVANCED FORMS
OF CREATINE**

- INCREASED STRENGTH*†
- MUSCLE GROWTH*†
- OPTIMAL RECOVERY*†
- IMPROVE ATHLETIC PERFORMANCE*†



SERVING SIZE: 1 Scoop (6 grams)
SERVINGS PER BOTTLE: 50

“MULTI-CREATINE BLEND TO ENHANCE MUSCLE BUILDING AND STRENGTH GAINS.”

WHAT IS BEST CREATINE™?

Creatine is a nutrient that occurs naturally in the body and in some foods. It functions as an energy source in your muscle cells, **helping improve muscular output and reduce fatigue during rigorous physical exertion.** BEST CREATINE™ makes supplementing with creatine effortless by combining several forms of creatine to help you build more strength and increase lean muscle.*†

WHY IS IT BETTER?

There are many forms of creatine available, each with their own unique properties and benefits. That’s why we combined the 6 top forms of creatine, to give you the most advanced and effective creatine formula possible. BEST CREATINE™ has been designed to increase strength, muscle growth, performance and recovery. **Not to mention no loading and no bloating.***†

WHAT’S IN IT?

CREATINE MONOHYDRATE is the most heavily researched and trusted form of creatine, backed by hundreds of studies. No other form of creatine has been shown to be more effective over time.*†

CREATINE MAGNAPOWER® is creatine bonded to pure magnesium, thus potentially enhancing the bioavailability of creatine. Magnesium is an essential muscle nutrient that is partially responsible for cellular hydration.*†

CREATINE AKG is Creatine bound to AKG, or alpha-ketoglutarate, a precursor of glutamine. The bonding potentially enhances creatine absorption as well as providing glutamine, an amino acid crucial for muscle growth and recovery.*†

CREATINE ANHYDROUS is creatine monohydrate with the water molecule removed. This gives you more creatine than monohydrate on a gram per gram basis.*†

CREATINE PHOSPHATE is creatine bonded to phosphate, or the most common form of phosphorous. It is the most abundant intracellular anion in the body. It is critical for membrane structure, transport and energy storage.*†

pH BUFFERED CREATINE ALKALINE™ utilizes a pH Buffering Technology to help balance pH levels at closer to neutral, which may in turn stop the unwanted conversion of creatine to creatinine, and enhance overall creatine absorption.*†

Supplement Facts

Serving Size 1 Scoop (6 grams)
Servings Per Container 50

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%†
Sugars	0 g	**
Sodium	20 mg	1%
Potassium (as potassium chloride)	99 mg	3%
BEST CREATINE™ BLEND (Proprietary) 4 g		
Creatine monohydrate		**
Creatine anhydrous		**
Creatine MagnaPower® (as magnesium creatine chelate)		**
Creatine phosphate		**
Creatine AKG		**
pH buffered Creatine alkaline™		**
Betaine anhydrous (TMG) buffered	500 mg	**
Himalayan Pink Salt	50 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Maltodextrin, silica, natural and artificial flavors, citric acid, sucralose, malic acid, acesulfame K, and FD&C Red No 40.

Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

† When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings for individual ingredients.

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